

# 2023 Schedule

The Pool has been a staple of the Lower Makefield Community since 1981. Our complex offers many amenities for you to enjoy including; an Olympic sized pool with a Dive Well, a set of Waterslides, a standard Lap Pool, an Intermediate Pool, and a Baby Pool.

Providing our members with as many quality activities and programs as possible is a top priority at LMT. From Swim Lessons to Aqua Aerobics, we have something for everyone to enjoy! We encourage you to check out our pool schedules listed below to find what activities interest you. We will also be hosting various events at The Pool this summer. Check out our Special Events section for family fun all summer long!

We look forward to seeing you this year!

Sincerely,

The Lower Makefield Township Parks and Recreation Staff

### **Scheduled Programs**

Youth (registration required)
Parent/Child Swim Lessons
Swim Lessons Levels 1-4
Lower Makefield Township Swim & Dive Team

**Adult** (drop in classes)

Aqua Zumba Aqua Aerobics Deep Water Aerobics

\*check our schedules below for availability\*

#### NEW for 2023!

American Red Cross Lifeguarding Course (registration required)

- Course #1 July 5<sup>th</sup>-7<sup>th</sup> 9am-6:30pm
- Course #2 August 7<sup>th</sup>-10<sup>th</sup> 9am-4:30pm

American Red Cross Jr. Lifeguard Camp (registration required)

• July 24<sup>th</sup>-28<sup>th</sup> 9am-4pm

Adult Swim Clinic (registration required)

• Saturdays from June 24th through August 19th 8am-10am

#### **Unstructured Activities**

Water Walking Lap Swimming

Long Course

Rec Swim

Diving

Waterslides

\*check our schedules below for availability\*

### **Special Events**

Super Dad's Day – Sunday, June 18<sup>th</sup> 1-4pm School's Out for Summer Bash Tween Night – Thursday, June 22<sup>nd</sup> 7-10pm 4<sup>th</sup> of July Celebration – Tuesday, July 4<sup>th</sup> 1-4pm (pool opens at 11am) Family Fun Day- Saturday, July 15<sup>th</sup> 1-4pm Island Night- Saturday, August 5<sup>th</sup> 6-9pm Last Bash Tween Night – Thursday, August 17<sup>th</sup> 7-10pm

### **Scheduling Policies**

- The programs, activities, and facilities schedules are based on availability and are subject to change at any time. The Pool staff reserves the right to close all facilities as needed. We will work to communicate any known closures with members in advance, when possible.
- There are periods in the day in which multiple activities are held. If there is an activity that interests you, please check the schedule ahead of time for availability. At the bottom of each schedule there is a notes section outlining any special considerations in which an activity may not be available as outlined.
- Water Walking and Lap Swimming lanes will be provided on a first come, first serve basis. During busier periods of the day, members will be encouraged to share a lane and circle swim in order to accommodate as many people as possible. Please reach out to a staff member if you need help being matched to an appropriate lane (fast, medium, slow).
- Some activities such as swim lessons may take place outside of regular facility hours. Entrance to the complex is limited only to those participating in the scheduled programming. During these periods of time, use of the facility will be limited to only the pool(s) in which scheduled programming is held. Please check facility hours ahead of your visit to the complex.
- Please note that our hours will change periodically throughout the season. Our full schedule begins June 19<sup>th</sup> and runs through August 20<sup>th</sup>. We will run an abbreviated schedule from May 27<sup>th</sup>-June 18<sup>th</sup> and from August 21<sup>st</sup>-September 4<sup>th</sup>.

### **Facility Hours**

### May 27-June 18: Abbreviated Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Facility Hours	3:30pm-8pm	3:30pm-8pm	3:30pm-8pm	3:30pm-8pm	3:30pm-9pm	10am-8pm	10am-8pm
Water Walking	1 '	3:30pm-4:30pm Lap Pool Lane 1	1	1	3:30pm-4:30pm Lap Pool Lane 1	Lap Pool Lane 1	Lap Pool Lane 1
Lap Swimming	i .	Lap Pool Lane 2 Lap Pool Lane 1 after 4:30pm	•		Lap Pool Lane 2 Pool Lane 1 after 4:30pm	Lap Pool Lanes 2-6	Lap Pool Lanes 2-6
Rec Swim	Olympic Pool Intermediate Baby Pool	Olympic Pool Intermediate Baby Pool	Olympic Pool Intermediate Baby Pool	Olympic Pool Intermediate Baby Pool	Olympic Pool Intermediate Baby Pool	Olympic Pool Intermediate Baby Pool Lap Pool Lanes 7-8	Olympic Pool Intermediate Baby Pool Lap Pool Lanes 7-8
LMT Swim Team PM Practice	3:30pm-7pm Lap Pool	3:30pm-7pm Lap Pool	3:30pm-7pm Lap Pool	3:30pm-7pm Lap Pool	3:30pm-7pm Lap Pool		

<sup>\*</sup>Water walking & Lap swimming may not be available on select weeknights due to Swim Meets.

June 19-August 20: Full Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Facility Hours	12pm-9pm	12pm-9pm	12pm-9pm	12pm-9pm	12pm-9pm	10am-9pm	10am-9pm
LMT Swim Team AM Practice	7am-11:45am Lap Pool						
Long Course						8am-10am Olympic Pool	8am-10am Olympic Pool
AM Swim Lesson Levels 1 & 2	9am-11:45am Intermediate Pool*	9am-11:45am Intermediate Pool*	9am-11:45am Intermediate Pool*	9am-11:45am Intermediate Pool*		9am-10:15am Intermediate Pool*	9am-10:15am Intermediate Pool*
AM Swim Lesson Levels 3 & 4	9am-11:45am Olympic Pool Shallow End*	9am-11:45am Olympic Pool Shallow End*	9am-11:45am Olympic Pool Shallow End*	9am-11:45am Olympic Pool Shallow End*		9am-10:15am Olympic Pool Shallow End*	9am-10:15am Olympic Pool Shallow End*
Water Walking	Lap Pool Lane 1*						
Lap Swimming	Lap Pool Lanes 2-6*						
Rec Swim	Olympic Pool Intermediate Baby Pool Lap Pool Lanes 7-8*						
Deep Water Aerobics	12:30pm Olympic Pool Deep End				12:30pm Olympic Pool Deep End		
Aqua Aerobics		12:15pm Lap Pool Lanes 7-8		12:15pm Lap Pool Lanes 7-8			
PM Swim Lesson Levels 1 & 2	5:30-6:45pm Intermediate Pool		5:30pm-6:45pm Intermediate Pool				
PM Swim Lesson Levels 3 & 4	5:30pm-6:45pm Olympic Pool Shallow End		5:30pm-6:45pm Olympic Pool Shallow End				
Parent Child Swim Lessons		5:30pm-6:45pm Intermediate Pool					
Aqua Zumba	7pm Lap Pool Lanes 7-8						

<sup>\*</sup>Availability for swim lessons can be found on our website.

<sup>\*</sup>Water walking may not be available on select weeknights due to Swim Meets.

<sup>\*</sup>Lap Swimming may not be available on select weeknights due to Swim Meets.

<sup>\*</sup>Rec Swim may not be available in the lap pool Tuesdays and Thursdays 12pm-1pm, Mondays 7pm-8pm, or on select weeknights due to Swim Meets.

<sup>\*</sup>Slides will not be available during swim lessons Mondays and Wednesdays 5:30pm-6:45pm

<sup>\*</sup>There will be no Deep Water Aerobics class held on Friday, June 23<sup>rd</sup>.

## August 21- September 4: Abbreviated Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Facility Hours	3:30pm-8pm	3:30pm-8pm	3:30pm-8pm	3:30pm-8pm	3:30pm-9pm	10am-8pm	10am-8pm
Water Walking	Lap Pool Lane 1						
Lap Swimming	Lap Pool Lanes 2-6						
Rec Swim	Olympic Pool Intermediate Baby Pool Lap Lanes 7-8*						
Deep Water Aerobics	4pm Olympic Pool Deep End				4pm Olympic Pool Deep End		
Aqua Aerobics		4pm Lap Lanes 7-8*		4pm Lap Lanes 7-8*			
Aqua Zumba	7pm Lap Pool Lanes 7-8						

<sup>\*</sup>Deep Water Aerobics will only run from 4pm August 21st and 25th.

\*Aqua Aerobics will only run from 4pm August 22nd and 24th.

\*Aqua Zumba will only run from 7pm on August 21st.

\*Rec Swim may not be available in the Lap Pool from 7pm-8pm on August 21st and from 4pm-4:45pm on August 22<sup>nd</sup> and August 24<sup>th</sup>.

<sup>\*</sup>The Pool will be open from 10am-6pm on Labor Day, Monday September 4<sup>th</sup>.