



IMPORTANT  
TOWNSHIP  
NEWS INSIDE!



# LOWER MAKEFIELD TOWNSHIP COMMUNITY GUIDE FALL & WINTER 2019-2020



LMT MUNICIPAL BUILDING:  
1100 EDGEWOOD ROAD | YARDLEY | PA | 19067 | 267-274-1100

LMT PARKS AND RECREATION DEPARTMENT & COMMUNITY CENTER:  
1550 OXFORD VALLEY ROAD | YARDLEY | PA | 19067 | 267-274-1111

[LMT.ORG](http://LMT.ORG)



**Parks & Recreation**

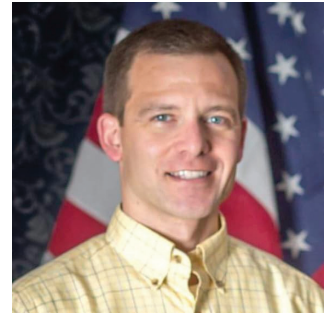


“Like” us on Facebook: Lower Makefield Township” | “LMT Parks and Recreation

# MESSAGE FROM THE CHAIR

It is truly a great time to live in Lower Makefield Township. Township staff and the Board of Supervisors have been very busy in 2019 addressing longstanding issues and planning for our future so that the Township can continue to improve its practices and offer high quality services to all of our residents.

In the spirit of improving our services, the Township has finally launched social media accounts that work across multiple platforms. So, you can now follow Township announcements on Facebook, Twitter, and LinkedIn. I encourage you to “like” and/or “follow” Lower Makefield Township on your favorite social media platform. As of just the first few days of having live accounts, the Township already has over 700 followers on Facebook! Please spread the word. A big thank you to the Electronic Media Advisory Committee for laying the groundwork over the last several years to allow Staff to get these services up and running.



You may also have noticed some changes to our BOS meeting agendas. This year, in an effort to shine a brighter light on community events and provide for deeper discussion of projects and issues, I've added the following agenda items: Community Announcements, Project Updates, and Discussion Items. If you have any community announcements, please send them to our Township Manager or to me for inclusion in upcoming BOS meetings.

This year has also seen the modernization of our practices and procedures. For example, our budget has been restructured and simplified such that it is now much simpler to track finances across Township funds. This will lead to more long-term stability in how the Township budgets for years to come. We have also initiated, for the first time, a full inventory and evaluation of Township-owned properties so that we can better manage our important Township assets and plan for the future. Speaking of planning for the future, the Township's Comprehensive Master Plan is finally moving forward, as well. The Bucks County Planning Commission started working on updating the Plan in 2013, and this BOS is proud to finally usher it across the line. This document sets the framework for the future of the Township.

Residents also now have access to a full range of programming developed by our Parks and Recreation staff as we seek to maximize usage of the Community Center and other Township facilities while diversifying our offerings to the public.

Other key highlights from the first half of 2019, include the following:

- Passage of the Equality and Non-Discrimination Resolution,
- Passage of the Commitment to Fiscal Responsibility and Stewardship of Township Assets Through the Use of Professional Services Resolution,
- \$400,000+ of much needed improvements to the Township's pool,
- Commitment to RFP Professional Services,
- Approval of the Oxford Valley Road (aka “Silt Pile”) Conservation Easement,
- Passage of a Heritage Tree Ordinance,
- Passage of updates to the Natural Resources Protection Ordinance,
- Passage of updates to the Tree Protection and Replacement Ordinances,
- Passage of a Grease Trap Ordinance, and
- Creamery Road and Quarry Road drainage and pavement improvement projects.

In the coming months, we will also be hearing more about several other important items, including:

- Community Day,
- Construction of the Memorial Park Project (tennis courts, pickleball courts, and fitness stations) – funded by state grants,
- Construction of a multi-use trail near the Township building and the baseball/softball complex – funded by state grants,
- Consideration of a new lateral sewer line ordinance mandated by PADEP, and
- Discussion of a future approach to managing our wastewater sewer system.

Thank you to everyone for allowing me to serve as the Chair of the Board of Supervisors in 2019 and for making Lower Makefield Township a great place to live!

## Board of Supervisors

Daniel R. Grenier, Chair  
Frederic K. Weiss, Vice Chair  
Kristin Tyler, Secretary  
Suzanne S. Blundi, Treasurer  
John B. Lewis, Supervisor

# SOCIAL MEDIA UPDATE

In an effort to improve transparency with residents, Lower Makefield Township launched a new multifaceted communication plan. The plan incorporates the addition of social media and an email platform called Constant Contact that will allow residents to sign up for different email lists for information specific to them. In addition, we will be incorporating informative articles into our Parks and Recreation Program Guide, making it a complete Community Guide.

By adding these new platforms of communication, we will now be able to reach residents through their preferred medium. This includes mail, television, website, social and email.

Residents can sign up for Constant Contact on the [lmt.org](http://lmt.org) website or through Facebook by clicking the mailing list link on the left side of the screen. At this time, you can find us on Twitter, Facebook and LinkedIn. We will be using Hootsuite to manage our accounts, this will also open the door to potential newer platforms as trends shift in the ever-changing social media society.

Please note Lower Makefield social media is not a way to resolve issues, we will be using social media to get information to the public about our different departments, upcoming meetings, road closures and emergency management. If you have an issue or a problem please contact the township in person, by email [admin@lmt.org](mailto:admin@lmt.org) or by phone **267-274-1100**. In an event of an emergency please dial 911.



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# PUBLIC WORKS UPDATE

## Leaf Collection

Leaf Collection normally begins the first week of November. There are two rounds of pick-ups and the second starts after the first is fully complete. Typically, each round takes about 4 weeks, weather dependent, with the final round usually wrapping up by Christmas. Details and status updates will be posted on the Lower Makefield Township website ([www.lmt.org](http://www.lmt.org)) as well as on TV (Comcast cable channel 22 and Verizon FIOS channel 20).

The Township is broken up into zones and teams are assigned into each zone for leaf collection. Each team is made up of a truck with leaf trailer, a driver, a hose operator and 1-2 rakers. Last year we utilized 9 Township teams plus 3 contractor teams. We employ approximately 24 additional seasonal employees during the fall to round out our teams. It is a large-scale operation which requires detailed planning to execute efficiently.

Each team systematically works through their assigned zone to pick up the leaves on each side of every street with residential properties. As the Public Works Crew works hard to collect the leaves in a timely manner, we want to add a few notes and reminders, so we can all help each other in this endeavor:

- **Rake leaves curbside for pick-up – NOT IN THE STREET.** In LMT, it is unlawful to place leaves, materials or substances on any road or highway.
- **Leaves must be free of branches, twigs and other debris.** These items clog and damage the vacuum hoses on the machines and cost valuable time to repair.
- **Leaves in biodegradable bags will be picked up, while leaves in plastic bags will be emptied and the bags left curbside.** Plastic bags damage the machines and don't make good compost.
- **When it snows, the same equipment and crew used to pick up the leaves is used in snow removal efforts.** Even minor overnight snowfall impacts our ability to pick up leaves as the equipment has to be switched back over.



# PUBLIC WORKS UPDATE



**LOWER MAKEFIELD TOWNSHIP**  
**RECYCLE YARD DROP OFF**

**NEXT DROP OFF DATE IS AUGUST 12, 2019 7AM - 3PM**  
**FOR OTHER DROP OFF DATES PLEASE SEE THE TOWNSHIP WEBSITE AT WWW.LMT.ORG**

**ACCEPTABLE MATERIALS:**

- Wood (branches or logs)
- Grass Clippings
- Tree Limbs
- Leaves

**Please cut limbs down to 6' lengths.**  
**Limbs larger than 6' will not be accepted.**

**NOT ACCEPTABLE MATERIALS:**

- Pressure treated lumber
- Bamboo
- Root Balls
- Wood coated in creosote
- Anything with dirt
- Appliances
- Tires
- Concrete
- Asphalt
- Stone
- Furniture
- Electronics
- Anything in bags (plastic or paper)
- Wood with spikes, nails or other hardware

**Any loads with unacceptable materials will not be permitted to enter the yard.**

**WHAT TO EXPECT DURING THE YARD WASTE DROP-OFF DAY**  
All vehicles will be checked in at the Public Works Garage/Parking area before the driveway into the site. The check-in process will include recording the name, address and type of material being dropped off. A valid driver's license is also required. If a contractor is performing the drop-off of yard waste materials, the contractor will need to provide their company name, address, name of driver and client information for the LMT residential property where the waste was removed along with the number of loads coming from the property.

All loads will be checked before being permitted to drive into the site to unload. There will be LMT employees on site to direct where to dump the yard waste. Any vehicles with items not permitted will not be allowed into the yard to dump.



## Additional Recycle Yard Dates

September 21, 2019, 7am - 3pm and October 19, 2019, 7am - 3pm

## Effective JANUARY 1, 2019 the Lower Makefield Township Yard Waste Dropoff Location will be CLOSED.

The drop-off yard, other than these dates and times, will be closed. We will continue to make available leaf mulch to those who request it. If you are interested in leaf mulch, please call Susan at 267-274-1130 prior to coming to the Township and we will coordinate pick-up in as convenient a time frame as possible. Acceptable yard waste is wood, grass clippings, tree limbs and leaves.

## 2019 Recycling Yard – Drop-off Days for Lower Makefield Residents ONLY.

### Other options to remove yard waste include:

- Coordinating with your trash hauler for yard waste collection services included in your trash hauling fee
- Utilizing another facility in the area such as Britton Industries, Shady Brook Farm, or similar businesses in our area (we suggest calling them for details and pricing)
- Contacting local landscapers who could dispose of your materials for you

# ZONING & PLANNING UPDATE

## Know Your Risk: Is my Property in a Flood Plain? Consider Buying Flood Insurance



The FEMA Flood **Map Service Center** (MSC) Search by Address feature enables you to enter an address, a place, or a set of longitude/latitude coordinates to find the effective flood map for that location. After locating the flood map, you can view or download it, as well as view or download any Letters of Map Change (LOMC) issued for that flood map. You can quickly assess your flood risk using these online tools and then visit our Planning and Zoning Department with any questions you may have.

You should consider purchasing flood insurance if you are in a Special Flood Hazard Area. Homes and businesses in high-risk flood areas with mortgages from federally regulated or insured lenders are required to have flood insurance. For residents living outside an area of high risk, having flood insurance may still be a wise choice: More than 20 percent of flood claims come from properties **outside the high-risk flood area**.



- **Insurance Agent Referral Call Center.** To sell flood insurance, your agent or insurer must participate in the National Flood Insurance Program (NFIP). If your insurance agent does not sell flood insurance, you can contact the NFIP Referral Call Center at **1-800-427-4661** to request an agent.
- **More about Flood Insurance.** The website, [www.floodsmart.gov](http://www.floodsmart.gov) offers clear, helpful information from the National Flood Insurance Program.
- **Floodplain Information.** The Township website, [www.lmt.org](http://www.lmt.org) offers information on LMT's Floodplain Management Ordinance & FEMA's National Flood Insurance Program.

## Stormwater Management

Home improvement projects that add impervious surfaces (e.g. additions, patios, driveways, sheds, pools, etc.) are required to control stormwater runoff resulting from these projects.

Our Ordinances for the **Delaware River South** and **Neshaminy Creek** watersheds contain simple step by step guidance for sizing required stormwater facilities. We have also developed a **spreadsheet** that can assist with these calculations. You can quickly assess your options using these online tools and then visit our Planning and Zoning Department or call **267-274-1120** with any questions you may have.



Several **Best Management Practices** (BMPs) are suitable for smaller projects. However, their application depends on the volume required to be controlled, how much land is available, and the site constraints.

- Infiltration Trench
- Dry Well (a.k.a., Seepage Pit)
- Rain Garden
- Tree Plantings and Preservation
- Minimize Soil Compaction and Replant with Lawn or Meadow
- Rain Barrels

Projects with more than 1,000 square feet (2,000 square feet for swimming pools), but less than 1 acre of earth disturbance are required to submit a plan for Erosion & Sedimentation Control (E&S Plan) to the **Bucks County Conservation District** for review and approval before starting work.

Proud Supporter of  
Lower Makefield Community Day



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215-788-1234

Banking | Lending | Insurance | Investments

**SHADYBROOK FARM**  
fun is always in season!

# FallFest

Sept. 14, 15, 21, 22, 28, 29, 30,  
October 1, and 4 - 31  
SunflowerFest, AppleFest, PumpkinFest,  
PumpkinFest After Dark & HorrorFest

Sunflowers are only available on the first weekend.  
Apples are available while supplies last.

LIVE MUSIC | WINE | BEER | FOOD

## THE SUMMER UNWINED CONCERT

in the festival field

**BELIEVE**  
Nov. 23 - Jan. 5  
Season passes available.  
(Be "in the know" for sales by joining our Farm Club in store or signing up on our website.)

**FRIDAYS MAY 3 THRU AUG 31**  
select **SATURDAYS** with Fireworks  
(July 6 & Aug. 31 ONLY)  
purchase tickets online or at the door!

\* 931 STONY HILL RD. YARDLEY, PA 19067 \*  
\* 215-968-1670 \* [www.shadybrookfarm.com](http://www.shadybrookfarm.com) \*

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# SEPTEMBER 1, 2019

## LOWER MAKEFIELD TOWNSHIP COMMUNITY DAY

LMT COMMUNITY PARK, 1050 EDGEWOOD ROAD, YARDLEY PA  
FOR MORE INFORMATION: [WWW.LMT.ORG](http://WWW.LMT.ORG) OR CALL 267.274.1112

*free entry*

THANK YOU TO OUR SPONSORS

13th Annual *Honoring all who served*

# VETERANS DAY

## PARADE AND CEREMONY

SATURDAY, NOVEMBER 9TH

★★★

Parade Starts Edgewood and Long Acre at 1:00PM

Ends with a Ceremony to honor our veterans at Veterans Square on Edgewood and Heacock

Potential Participants should contact  
Monica Tierney @ [monicat@lmt.org](mailto:monicat@lmt.org)

**HONOR - CELEBRATE - EDUCATE**  
[www.veteranssquare.org](http://www.veteranssquare.org)



# PARKS AND RECREATION INFORMATION

## Parks and Recreation Update

With 28 miles of bike trails that connect parks, sports fields, the 5-Mile Woods Preserve, the 9/11 Memorial Garden of Reflection, The LMT Pool, and the Dog Park, there are many opportunities for people (and dogs!) of every age and ability level.

The Lower Makefield Township Parks and Recreation Department is located at the new Community Center and is open to the public, Monday-Friday from 9am-3pm, for discount ticket purchases, field or pavilion rental requests, and to sign up for programs like the ones you will find within this guide.

You can also register ONLINE! for The Pool, the Dog Park, field and pavilion permit requests, as well as Community Center classes and programs. These opportunities can be found at:

**REGISTER.COMMUNITYPASS.NET/LOWERMAKEFIELD**

(If you already have an account for The Pool, Dog Park, or from a previous class, please sign in using the same account!) For questions or feedback, please call **267-274-1110** or email [prinfo@lmt.org](mailto:prinfo@lmt.org).

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## Director's Update

The Parks and Recreation Department continues to grow. This summer, Camp LMT began and has over 80 campers registered and 12 full-time counselors running the camp based out of our Community Center. Campers spent time doing crafts and partaking in outdoor activities, including an environmental study at 5-Mile woods, weekly offsite trips throughout the summer, and weekly time at The POOL at LMT.

After a fun filled summer with Camp, The POOL, programs and sport leagues, we will launch into special events season in the P&R department. The season begins with Community Day on September 1, 2019 at Community Park. The season will progress into our 9/11 Remembrance Ceremonies, Halloween Monster Mash, Howl-o-ween doggie costume party at the dog park, Veterans Day Parade and closing 2019 with our Holiday Party. Take a look at our special events timeline on the next page for more information.

If you are interested in getting to know more about P&R programs, events, facilities and more, please visit us on Facebook <https://www.facebook.com/LMTparksandrecreation/>, on the web [www.lmt.org](http://www.lmt.org), or you can always visit us in the Community Center.

## LMT Parks and Recreation Board

David Gordon, Chair  
David Malinowski, Vice Chair  
Douglas Krauss, Secretary  
Patricia Bunn, Member  
Bryan McNamara, Member  
Dennis Wysocki, Member  
Michael Brody, Member

# PARKS AND RECREATION EVENT TIMELINE



# Now Enrolling FOR FALL CLASSES!

FEATURING MATURE AND EXPERIENCED TEACHERS!  
We create the best experience for all of our dancers at every stage of development, from preschool to professional!



## Dance Arts of Yardley

Specializing in early dance instruction

**Our Studios feature state-of-the-art  
floating wood subfloors**

*for shock absorption and injury prevention!*

### OFFERING ALL LEVELS OF:

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LYRICAL • HIP-HOP • CONTEMPORARY • COMPETITIVE DANCE TEAMS

**NEW THIS YEAR! FAIRY TALE BALLET INTRO: AN IMAGINATIVE  
INTRODUCTION TO BALLET FOR OUR LITTLE ONES!**

### FREE BALLET CLASSES FOR ALL BOYS!

*Please email or call to learn more about our special scholarships for male students (ages 8 and older) interested in ballet!*



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[www.danceartsofyardley.com](http://www.danceartsofyardley.com)



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With this ad. Expires 9/6/19. This offer cannot be combined with any other discounts or coupons. New students only. Limit one per student.

# PARKS AND RECREATION INFORMATION

## LMT Dog Park

Registration information: [REGISTER.COMMUNITYPASS.NET/LOWERMAKEFIELD](https://www.lmt.org/register-community-pass-net-lowermakefield)

- Residents: \$35 / for one (1) dog; \$15 for each additional dog, per year
- Non-Residents: \$50 / for one (1) dog; \$15 for each additional dog, per year

Register online for a free upcoming dog park orientation class on Saturday, August 17 at 9am. After the class is complete, residents can register and pay online, and bring shot records, PA dog license receipts, and the certificate from completing the class to the Township Building (1100 Edgewood Road).

## The Pool @ LMT

2020 Pool Membership Information will be posted and mailed out in January.

## LMT Walking Group

LMT Parks and Recreation presents a walking group run by and for the community. Planned walks of different lengths and locations will give you the opportunity to get outdoors, exercise, meet fellow residents, and explore the community. This group is free and open to all ages. 2019 walks are expected to begin in March, weather permitting. Join the walking club email list or ask questions by emailing Cathy at [cathy@walkapocket.com](mailto:cathy@walkapocket.com).

## Park Pavilion Permit Requests

In LMT, we have two pavilions available for private parties and events. Kid's Kingdom at Community Park has a covered pavilion with capacity for ~30 people. Memorial Park has a covered pavilion next to the Secret Garden Playground with capacity for ~20 people. Both pavilions have bathroom, playground, grilling, and picnic table access. Rentals are \$10/hour plus a refundable \$50 security deposit check to hold the reservation. Reservations can be made online using your Community Pass account.

## Community Center Rentals

The LMT Community Center is now available for community meetings, events, and gatherings. Call Veronica at 267-274-1111 or email at [veronicag@lmt.org](mailto:veronicag@lmt.org) to inquire about pricing and to reserve your space. **\*No private parties or events at this time\***

## Discount Tickets

Come by the Community Center to purchase discounted tickets to your favorite theme parks, ski resorts, and more. Call 267-274-1110 or visit [LMT.org](http://LMT.org) to inquire about ticket availability and pricing.

## Park Bench Donation Program

This program is designed to update and improve the benches in our parks, fields, etc., while allowing community members to dedicate something lasting in memory of a loved one, or a community group to sponsor and support the Township.

**Please visit [LMT.org/government/departments/parks-recreation](http://LMT.org/government/departments/parks-recreation) to purchase or for more information.**

## LMT Event Sponsorship Opportunities

LMT hosts a variety of special events within the Township, throughout the year. We have created sponsorship opportunities to allow for resident and corporation support, in order to make these events bigger, better, and more frequent. Please call 267-274-1110 to inquire about our sponsorship packages, as well as upcoming opportunities.

# PARKS AND RECREATION INFORMATION

## LMT Sport League & Recreation Opportunities

### LMT Youth Committee

Our LMT Youth Committee is comprised of teenagers from the Township that are interested in making a positive change within our community. They offer different programs and volunteer opportunities. If you are interested in joining or getting involved, please visit [LMT.org/government/departments/parks-recreation](http://LMT.org/government/departments/parks-recreation) or email [lmtyouthcommittee@gmail.com](mailto:lmtyouthcommittee@gmail.com) for more information.



### LMT Seniors

Age: 55+

Various programs and trip opportunities. Visit [lmt.org](http://lmt.org) or stop by the LMT Community Center for more information.

### Baseball, Softball & T-ball

- Pennsbury Athletic Association (PAA)  
T-ball, softball, baseball; age 4 to 18  
215-736-9550 | <http://www.paaball.com>
- Morrisville Little League (MLL)  
M/F, baseball/softball, ages 4 to 16  
[morrisvillittleleague@gmail.com](mailto:morrisvillittleleague@gmail.com)
- Lower Bucks Softball Association  
Adult softball league; Pennsbury school district locations  
215-750-1109

### Basketball

- Pennsbury Regional Basketball League (PRBL)  
Male/Female Grades K to 11, Travel and instructional  
215-369-7725 | [www.prbl.org](http://www.prbl.org)
- Lady Falcons Elite Hoops  
Female, grades 2 to 12; biddy ball.  
Developmental league with travel and in-house programs  
[ladyfalconselitehoops@gmail.com](mailto:ladyfalconselitehoops@gmail.com); [www.leaguelineup.com/welcome.asp?url=lfehoops](http://www.leaguelineup.com/welcome.asp?url=lfehoops)

### Camps & Enrichment Programs

- Bucks County Community College  
Male/Female, ages 4 to adult. Various enrichment programs/camps.  
215-968-8409 | [www.bucks.edu/kidsoncampus](http://www.bucks.edu/kidsoncampus)
- Bucks County Parks & Recreation  
Male/Female, ages 4 to adult. Various programs.  
215-757-0571
- Pennsbury School District  
Community Services  
School district locations; Adult Programs  
215-428-4100

### Fitness

- YMCA – Morrisville & Fairless Hills  
Roller hockey, various programs  
215-736-8077 or 215-949-3400
- Newtown Athletic Club  
Various indoor sports programs; M/F  
215-968-0600

### Football

- Lower Makefield Football Association (LMFA)  
Ages vary, flag/tackle  
[info@lmfafootball.org](mailto:info@lmfafootball.org)

### Lacrosse

- Lower Bucks Lacrosse League (LBLL)  
Lacrosse, instructional & travel. Male/Female, Grades 3 to 8  
215-914-1100 Ext.4653  
<http://lowerbucks lacrosse.org/>

### Rugby

- Yardley Makefield Rookie Rugby-USA  
Coed clinics for grades K-4; and coed league play for 5th and 6th graders; summer program  
215-495-7773; [ymrookie rugby@gmail.com](mailto:ymrookie rugby@gmail.com); [www.ymrrc.org](http://www.ymrrc.org)

### Soccer

- Yardley Makefield Soccer (YMS)  
M/F Ages 4 – Adult; Travel & Intramural  
<http://www.ymssoccer.net>

### Swim & Dive

- The Pool at LMT – Swim & Dive Team and Program  
Male/female, Ages, 6 – 18. Competitive, recreational, and dive options  
[www.lmtswim.com](http://www.lmtswim.com)
- Penn Aquatics  
Male/female all ages; program at Pennsbury High School field house  
[pennregistrar@pennaquatics.com](mailto:pennregistrar@pennaquatics.com)  
[www.pennaquatics.com](http://www.pennaquatics.com)

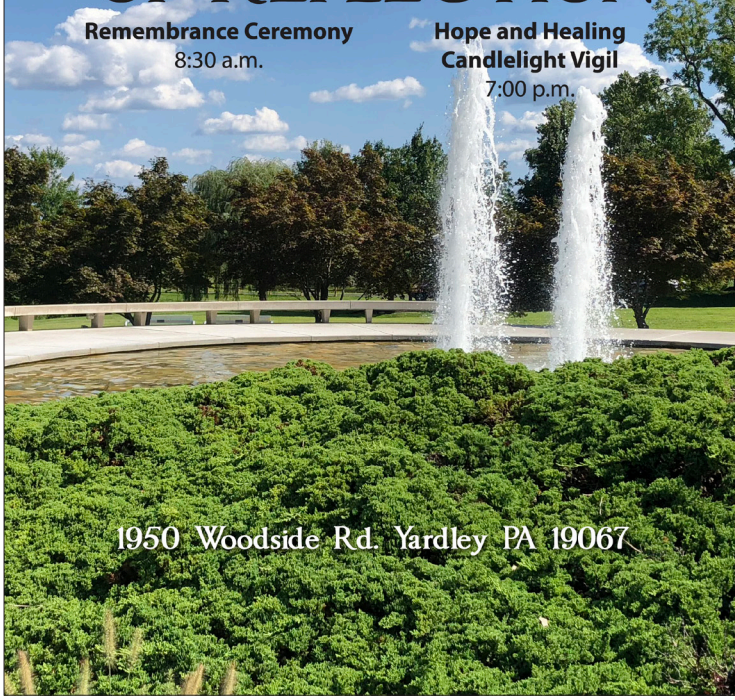
### Tennis

- Yardley Makefield Tennis  
Male/Female, ages vary; clinics, camps, lessons  
215-295-0558  
[www.YMTennis.com](http://www.YMTennis.com)
- Pennsbury Racquet Club  
Indoor tennis courts, multi-purpose sports room, fitness facility, camps  
215-736-0248 | [www.pennsburyrac.com](http://www.pennsburyrac.com)

September 11, 2019  
at the  
**GARDEN  
OF REFLECTION**

Remembrance Ceremony  
8:30 a.m.

Hope and Healing  
Candlelight Vigil  
7:00 p.m.



1950 Woodside Rd. Yardley PA 19067



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Jared S. Kenwood, DDS PC

COME JOIN LMT PARKS AND RECREATION FOR OUR FREE EVENT

**FIRST FRIDAY FAMILY FUN NIGHT!**

**MONSTER  
MASH**

Friday October 4th from 6-9PM | 1550 Oxford Valley Rd Yardley PA 19067



LOWER MAKEFIELD TOWNSHIP  
Parks & Recreation

OCTOBER 27  
1:00PM - 4:00PM | COSTUME CONTEST AT 3:00

**HOWL-O-WEEN  
AT THE DOG PARK**

Doggie costume party  
Costume contest,  
prizes for top costumes and  
person doggie combination

1950 Covington Rd.  
Yardley PA 19067



LOWER MAKEFIELD TOWNSHIP  
Parks & Recreation



# FALL & WINTER PROGRAMS

## COMMUNITY CENTER EVENTS

### Dog Park Orientation

- **Dates:**
  - Saturday, August 17, 9am-10am
  - Thursday, September 19, 7pm-8pm
- **Free** to attend. All interested Dog Park users must attend an orientation before being granted access to the park. Refer to Community Pass for future dates.

### Family Fun Night

- **Dates:**
  - Friday, October 4: Monster Mash!
  - Friday, November 1: Fall Themed!
  - Friday, December 6: Holiday Themed!
  - Friday, January 10: New Year's Eve Themed!
  - Friday, February 7: TBA
- **Time:** 6pm – 9pm
- **Free** to attend! Join us at the Community Center for themed entertainment, crafts, and activities. Food and drink available for purchase.

### French Conversation Group

- Join local LMT French speakers once a month for casual or topical conversation at the Community Center; free to attend! Contact Susan at susanfirestone7@gmail.com to gain more information or to join the email list.

### Know Your Medicare Options – Steve Bobrin

- During this **free** educational seminar, you will learn:
  - How Medicare works and what it covers
  - How Part “D” prescription cards work and how to pick the right one for you
  - The differences between Medicare supplements and Medicare Advantage plans
- This seminar is suitable whether you have decisions to make during the upcoming open enrollment period (Oct 15 - Dec 7), or just want to learn in preparation of that time.

## LMT ENVIRONMENTAL ADVISORY COUNCIL (EAC) EVENTS

- **Free** to attend at the LMT Municipal Building (1100 Edgewood Road).
- Saturday, October 26 from 9am – 12pm, the LMT Environmental Advisory Council is sponsoring a fascinating documentary called **The Kingdom: How Fungi Made the World.** This extraordinary film will be shown at 10am. Come at 9:00am for coffee and apple cider donuts. **There will be a STYROFOAM COLLECTION in conjunction with the film so bring your large rigid Styrofoam used in packaging (no peanuts, food trays, etc.) any time between 9am and noon so it can be crushed and reused by one of two local businesses.**
- On Saturday, January 4 from 9am – 12pm, the LMT Environmental Advisory Council is sponsoring a **POST-HOLIDAY STYROFOAM COLLECTION** in the parking lot of the LMT Municipal Building. They will be accepting large, rigid pieces of **STYROFOAM USED IN PACKAGING ONLY** (no peanuts, food trays, etc.) These will be crushed and used by two local companies.

## LEARN TO PLAY GAMES

### Learn to Play Canasta – Neilia Makadok (1-day workshop)

Socialize and have fun while you play this easy card game. With instruction, you can learn to play quickly, even if you have never played cards before! Played with 2-4 players, individually or in partnerships, Canasta is one of the most widely-played card games in the U.S. Enrollment is limited to ensure a successful learning experience. There is a \$3 materials fee payable to the instructor at the class.

- **Date:**
  - Session 1: Tuesday, September 24
- **Time:** 6pm – 9pm
- **Price per Session:** R: \$35 / NR: \$39

### Learn to Play Hand & Foot Canasta – Neilia Makadok (1-day workshop)

A fun and easy card game in the Canasta family of games. Hand & Foot has become very popular and can be played with 2-4 players, in partnerships or individually. Enrollment is limited to ensure a successful learning experience. There is a \$3 materials fee payable to the instructor at the class.

- **Date:**
  - Session 1: Wednesday, November 13
- **Time:** 6pm – 9pm
- **Price per Session:** R: \$35 / NR: \$39

# FALL & WINTER PROGRAMS

## LEARN TO PLAY GAMES

### Learn to Play Mah Jongg – Nelia Makadok (3-class series)

Originating in China, Mah Jongg is an exciting and engaging game using tiles to form hands, much like rummy. Learn to play the American version using the National Mah Jongg League rules and card. An experienced educator will explain the basics in simple terms and guide you as you play. Enrollment is limited to ensure a successful learning experience. There is an \$11 materials fee payable to the instructor at the first class.

• **Date:**

- Session 1: Tuesday, October 22; Tuesday, October 29; Tuesday, November 5
- **Time:** 6pm – 9pm
- **Price per Session:** R: \$85 / NR: \$94

## ADULT FITNESS AND WELLNESS

### Drumming for Well-Being – Ann Turry (8-week series)

ANYONE CAN DO IT! This weekly drumming group is for mature adults and seniors who are interested in having fun with others and exploring their creative interest while getting a mild cardio work out at the same time. Facilitated activities are designed to promote the enjoyment of music making and group activity. Additional benefits of drumming include an increase in energy, the reduction of tension and an improved mood. Though participants will learn specific rhythms on the drum in the different activities, this group is not intended to teach drumming technique. **NO EXPERIENCE NEEDED!**

\*\*\* Participants are welcome to bring their own drum, but drums and other small percussion instruments will be provided if needed

• **Dates:**

- Wednesday, September 25 – Wednesday, November 13
- **Time:** 7:30pm-8:30pm
- **Price per Session:** R: \$150 / NR: \$165

## ADULT FITNESS AND WELLNESS

### Gentle Yoga – Linda Thiel

Gentle Yoga is great for beginners and students wanting to develop and maintain flexibility and strength. Poses (asanas) and breathing techniques (pranayama) are executed at a slow and mindful pace to support each individual's comfort level. Please bring: yoga mat, blanket, water.

• **Dates:**

- Tuesday Morning Offerings 9am – 10am
  - Session 1: September 3 – September 24  
R: \$35 / NR: \$39
  - Session 2: October 1 – November 5  
R: \$53 / NR: \$59
  - Session 3: November 19 – January 7  
(No class 12/24, 12/31)  
R: \$53 / NR: \$59
  - Session 4: January 14 – February 25 (No class 2/11)  
R: \$53 / NR: \$59
- Wednesday Morning Offerings 8am – 9am
  - Session 1: September 4 – September 25  
R: \$35 / NR: \$39
  - Session 2: October 2 – November 6  
R: \$53 / NR: \$59
  - Session 3: November 20 – January 8  
(No class 12/25, 1/1)  
R: \$53 / NR: \$59
  - Session 4: January 15 – February 26 (No class 2/12)  
R: \$53 / NR: \$59

### Pound Exercise Class– Tami Leather (8-week series)

Ages 13+ - Sweat, Sculpt & ROCK in this cardio jam session inspired by drumming. You won't just listen to music-you'll become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training with yoga and Pilates-inspired movements.

Designed for all fitness levels, POUND® provides the perfect atmosphere for letting loose, getting energized, toning up and rockin' out!!

• **Dates:**

- Session 1: Thursday, September 5 – Thursday, October 24
- Session 2: Thursday, October 31 – Thursday, January 2 (No class 11/28, 12/26)
- Session 3: Thursday, January 9 – Thursday, February 27
- **Time:** 7:30pm-8:30pm
- **Price per Session:** R: \$80 / NR: \$88



# FALL & WINTER PROGRAMS

## ADULT FITNESS AND WELLNESS

### **Yoga for Beginners – Maria Campbell (8-week series)**

This class is suitable for beginners & experienced practitioners, who have the desire to move beyond a gentle yoga practice. You can expect a slow-paced practice, focusing on pranayama (breath), movement & alignment. This class will breakdown vinyasa flow, the transition that connects floor to standing poses. Practice standing, balance, and seated posture variations, with modifications offered throughout the practice. An emphasis will be placed on fostering awareness of the mind-body connection with class ending in deep relaxation - savasana. (To assist your practice, please bring a yoga mat, (2) yoga blocks, blanket or towel, and water.)

#### • **Dates:**

- Session 1: Tuesday, August 27 – Tuesday, October 15
  - Session 2: Tuesday, October 22 – Tuesday, December 10
  - Session 3: Tuesday, January 7 – Tuesday, February 25
- **Time:** 6pm – 7pm  
• **Price per Session:** R: \$75 / NR: \$83

### **Zumba – Deanna Bottcher (8-week series)**

Perfect for everybody and every body! ZUMBA gives you a total workout, combining all elements of fitness (cardio, muscle conditioning, balance, flexibility, and boosted energy) set to a fusion of Latin and International music. Whether you like to keep it low intensity or take it up a notch, with ZUMBA you have the choice to do either without missing a beat! Please bring a water bottle.

#### • **Dates:**

- Session 1: Monday, September 9 – Monday, October 28
  - Session 2: Monday, January 6 – Monday, February 24
  - Session 3: Thursday, January 2 – Thursday, February 27 (No class 2/13)
- **Time:** 6:30pm – 7:30pm  
• **Price per Session:** R: \$60 / NR: \$66

### **Zumba Gold – Rachel Carlson (8-week series)**

Zumba Gold is perfect for anyone who is looking for a modified Zumba class that recreates the original moves you love, at a lower intensity. While it is targeted for the older, active adult, anyone can join in the fun! The design of the class introduces easy to follow Zumba choreography that focuses on balance, range of motion, and coordination. Come ready to sweat and prepare to leave empowered and feeling strong. Benefits – class focuses on all elements of fitness: cardiovascular, muscular conditioning, flexibility, and balance. Bring a water bottle.

## ADULT FITNESS AND WELLNESS

#### • **Dates:**

- Session 1: Friday, September 6 – Friday, October 25
  - Session 2: Friday, January 10 – Friday, February 28
- **Time:** 9am – 10am  
• **Price per Session:** R: \$60 / NR: \$66

### **Zumba Toning – Rachel Carlson (8-week series)**

Perfect for those who want to party, but put extra emphasis on toning and sculpting to define those muscles! How it works: the challenge of adding resistance by using Zumba Toning Sticks (or light weights). Helps you focus on specific muscle groups, so you (and your muscles) stay engaged! Benefits: Lightweight maraca-like Toning Sticks enhances sense of rhythm and coordination, while toning target zones, including arms, core, and lower body. Please bring a water bottle and light (1lb.) weights (if you have them). The instructor will have Zumba Toning Sticks for purchase (\$15), if desired.

#### • **Dates:**

- Session 1: Wednesday, September 4 – Wednesday, October 23
  - Session 2: Wednesday, January 8 – Wednesday, February 26
- **Time:** 6pm – 7pm  
• **Price per Session:** R: \$60 / NR: \$66

## YOUTH PROGRAMS

### **Generation Pound – Tami Leather (8-week series)**

Ages 6-12 - Generation POUND® ignites a passion for MOVEMENT, MUSIC and EXERCISE! It builds relationships through collaboration, teamwork and a UNIFIED BEAT. It promotes the POWER of confidence and self-awareness while providing a fun alternative to screen-time and other sedentary behaviors. Generation POUND® is teaching today's youth to move safely and have FUN while working out!

#### • **Dates:**

- Session 1: Monday, September 9 – Monday, October 28
  - Session 1: Monday, November 4 – Monday, December 30 (No class 12/23)
  - Session 1: Monday, January 6 – Monday, February 24
- **Time:** 6:30pm – 7:30pm  
• **Price per Session:** R: \$80 / NR: \$88

# FALL & WINTER PROGRAMS

## YOUTH PROGRAMS

### Small Hands ~ Big Voices Pre-School Music Group – Ann Turry

Aimed for 3-5-year-old children, this weekly music group is designed to excite children and stimulate their imaginations. Children will play professional quality instruments and engage in rich musical activities beyond those of a typical preschool music group. Improvisation, structured activities, singing and movement are incorporated into each session. Using original songs and activities as well as those from other cultures, the activities are developmentally stimulating and aim to increase socialization, encourage independence and enhance a child's confidence. Groups will be kept to a maximum of 6 children in order to provide the maximum opportunities for each child. Sign up for one group (though depending on registration, both groups may be possible).

- **Dates:**
  - Session 1: Tuesday, September 10 – Tuesday, November 19 (No class 10/1)
  - Session 2: Tuesday, December 3 – Tuesday, February 25 (No class 12/24, 12/31, 1/28)
  - **Time:** 1:30pm-2:00pm
  - Session 3: Wednesday, September 11 – Wednesday, November 20 (No class 10/9)
  - Session 4: Wednesday, December 4 – Wednesday, February 26 (No class 12/25, 1/1, 1/29)
  - **Time:** 9:30pm-2:00pm
- **Price per Session:** R: \$200 / NR: \$220

### Kick and Play [Ages 1-2] – Super Soccer Stars

Kick and Play offers a pre-soccer movement class that will encourage your toddler to use their lower and upper body more effectively in order to improve balance, overall coordination, and kicking abilities. Using these skills as they grow, they will develop the tools necessary to begin playing soccer. Mimi and Pepe (our puppet friends!) will help you stretch, sing, run, kick and play! Super Soccer Stars is the Official Youth Soccer Program of the Philadelphia Union. With your registration, your Soccer Star will receive a FREE Game Day Experience to an upcoming Philadelphia Union game, including admission, pre-game clinic, and more!

- **Dates:**
  - **Free** demonstration Tuesday, September 10
  - Session 1: Tuesday, September 17 – Tuesday, November 5
  - **Price for Session 1:** R: \$160 / NR: \$176
  - **Free** demonstration Tuesday, November 12
  - Session 2: Tuesday, November 19 – Tuesday, December 17
  - **Price for Session 2:** R: \$120 / NR: \$132
  - **Free** demonstration Tuesday, January 7
  - Session 3: Tuesday, January 14 – Tuesday, February 18
  - **Price per Session 3:** R: \$120 / NR: \$132
- **Time:** 10:30 am – 11:10 am

## YOUTH PROGRAMS

### Super Soccer Stars Ages [2-3]

At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, to build self-confidence, and to develop teamwork in every class. Our specially designed curricula and educational class themes use positive reinforcement, and a low child-to-coach ratio, to ensure that each child improves at his or her own rate, while having endless fun! Super Soccer Stars is the Official Youth Soccer Program of the Philadelphia Union. With your registration, your Soccer Star will receive a FREE Game Day Experience to an upcoming Philadelphia Union game, including admission, pre-game clinic, and more!

- **Dates:**
  - **Free** demonstration Tuesday, September 10
  - Session 1: Tuesday, September 17 – Tuesday, November 5
  - **Price for Session 1:** R: \$160 / NR: \$176
  - **Free** demonstration Tuesday, November 12
  - Session 2: Tuesday, November 19 – Tuesday, December 17
  - **Price for Session 2:** R: \$120 / NR: \$132
  - **Free** demonstration Tuesday, January 7
  - Session 3: Tuesday, January 14 – Tuesday, February 18
  - **Price per Session 3:** R: \$120 / NR: \$132
- **Time:** 11:15am – 12pm

### Super Soccer Stars [Ages 3-4]

At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, to build self-confidence, and to develop teamwork in every class. Our specially designed curricula and educational class themes use positive reinforcement, and a low child-to-coach ratio, to ensure that each child improves at his or her own rate, while having endless fun! Super Soccer Stars is the Official Youth Soccer Program of the Philadelphia Union. With your registration, your Soccer Star will receive a FREE Game Day Experience to an upcoming Philadelphia Union game, including admission, pre-game clinic, and more!

- **Dates:**
  - **Free** demonstration Tuesday, September 10
  - Session 1: Tuesday, September 17 – Tuesday, November 5
  - **Price for Session 1:** R: \$160 / NR: \$176
  - **Free** demonstration Tuesday, November 12
  - Session 2: Tuesday, November 19 – Tuesday, December 17
  - **Price for Session 2:** R: \$120 / NR: \$132
  - **Free** demonstration Tuesday, January 7
  - Session 3: Tuesday, January 14 – Tuesday, February 18
  - **Price per Session 3:** R: \$120 / NR: \$132
- **Time:** 12pm – 12:45pm

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Lower Makefield Township Pool Office **267-274-1105** for more  
information or visit the Township website [www.lmt.org](http://www.lmt.org)



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